"Keith Knotek's life story is also a powerful manifestation of one of the lessons that I love to teach: sometimes the greatest love is not to sacrifice your life, but to live a life of sacrifice. Through turmoil and tribulation he led a life of sacrifice. Keith stayed on the path of a sheepdog who is called to protect the flock. In the end, broken and driven to his knees by a lifetime in the mean streets, seeing daily the darkness that most people will never know; in the end it was God, and His Amazing Grace, only God could lead Keith from defeat into victory."

~ LTC Dave Grossman (USA, ret) Author of On Spiritual Combat, On Killing, On Combat, and Assassination Generation

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## KEITH KNOTEK

Foreword by Lt. Col. Dave Grossman

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